ALL DAY

WANT WHAT YOU WANT

metro —diner—

BREAKFAST ALL DAY FAVORITES

The Bissell Breakfast
Two eggs* any style, bacon, toast, hashbrowns or grits, and a short stack of pancakes. *1130-1360 CAL.* 12.69

Steak & Scramble Bowl
Seasoned sirloin steak*, scrambled eggs* and roasted grape tomatoes, served over hashbrowns and drizzled with Hollandaise sauce. *800 CAL.* 15.99

Meat Lover's Scramble Bowl
Hickory smoked bacon, sausage, ham, and scrambled eggs* served over hashbrowns and drizzled with Hollandaise sauce and cheddar cheese. *1180 CAL.* 12.99

Spicy Honey Chicken Biscuit
Buttermilk marinated chicken tender tossed in a spicy honey sauce on a biscuit. Served with your choice of side. *480 CAL.* 8.29

Biscuits & Sausage Gravy
Two buttermilk biscuits topped with our housemade sausage gravy. Served with two eggs* any style and hashbrowns. *1780 CAL.* 12.99

Bacon Avocado Scramble Bowl
Avocado, bacon, scrambled eggs*, and roasted grape tomatoes, served over hashbrowns and drizzled with Hollandaise sauce. *830 CAL.* 12.99

Southwest Scramble Bowl
Avocado, black beans, corn, diced green and jalapeño peppers, onions, tomatoes, and scrambled eggs*, served over hashbrowns and drizzled with salsa and sour cream, topped with green onions. *820 CAL.* 12.99

Bacon, Egg & Cheese Croissant
Bacon, scrambled eggs* and cheddar cheese on a flaky croissant. Served with your choice of side. *710 CAL.* 9.99

Fried Chicken & Waffle
Half a fried chicken and a Belgian waffle, topped with powdered sugar and sweet, strawberry butter. Served with our signature sweet and spicy sauce. *2170 CAL.* 16.99

Huevos Rancheros
Your choice of eggs* served over fried sun-dried tomato tortilla shells, bacon, sausage, black beans, onions, jalapeños, tomatoes, roasted corn, and green peppers. Topped with cheese, sour cream, salsa, fried jalapeños, and green onions. *1530 CAL.* 13.49

Avocado Breakfast Sandwich
Scrambled eggs*, cheddar cheese, bacon and avocado with lettuce, tomato and mayo on eight-grain toast. Served with your choice of side. *1130 CAL.* 11.89

GRIDDLE GREATS

Fruity Waffle
A blueberry Belgian waffle topped with strawberries, bananas and powdered sugar. *850 CAL.* 9.99

Belgian Waffle
Thick and light, a true Belgian waffle. Topped with powdered sugar. *720 CAL.* 8.79

Make it Cinnamon Roll Style *550 CAL.* 2.99

Metro Pancakes
A short stack of light, fluffy pancakes. *820 CAL.* 8.29

Cinnamon Roll Pancakes
Two pancakes swirled with cinnamon and sugar, topped with cream cheese icing, candied pecans, and cinnamon butter. *1740 CAL.* 10.49

Croissant French Toast
Four pieces of light, buttery croissant, battered and grilled to perfection. Topped with powdered sugar. *1040 CAL.* 11.49

LIGHTER FARE

Avocado Toast
Fresh chopped avocado on eight-grain toast, topped with diced tomatoes and everything bagel seasoning. *480 CAL* 9.69

Add two eggs* any style *160 CAL.* 3.00
Add feta cheese *70 CAL.* 1.00
Add chopped bacon *60 CAL.* 1.00
Add diced red onions *5 CAL.*

Oatmeal Breakfast
Served with brown sugar, raisins, and a side of fresh seasonal fruit. *630 CAL.* 6.29

Vanilla Yogurt with Granola
Topped with strawberries, bananas and granola. *540 CAL.* 8.99

EGGS GALORE

Egg whites substitution available

PLATTERS

Two or Three Egg Breakfast
Eggs* any style, hashbrowns, toast and choice of meat: bacon, sausage patties, sausage links, turkey sausage or Canadian bacon. *590-1130 CAL.*
2 EGGS 11.49 *3 EGGS* 11.99

Eggs, Toast & Side
Two eggs* any style, toast and hashbrowns or grits. *430-650 CAL.* 9.49

Protein Breakfast
Scrambled eggs* and choice of two meats: bacon, sausage patties, sausage links, turkey sausage or Canadian bacon. *560-1030 CAL.* 11.79

BENEDICTS

Fried Chicken Benedict
Buttermilk marinated chicken tenders, two poached eggs* on a biscuit, topped with creamy Hollandaise. Served with a side of hashbrowns. *1020 CAL.* 13.29

Classic Eggs Benedict
Canadian bacon, two poached eggs* on an English muffin, topped with creamy Hollandaise. Served with a side of hashbrowns. *690 CAL.* 12.79

San Francisco Benedict
Canadian bacon, avocado and tomato, two poached eggs* on an English muffin, topped with creamy Hollandaise. Served with a side of hashbrowns. *830 CAL.* 13.29

OMELETS*

Western Omelet
Ham, cheddar cheese, mushrooms, onions, tomatoes and peppers, topped with salsa. Served with toast and choice of hashbrowns or grits. *750-980 CAL.* 12.99

Veggie Omelet
Mushrooms, onions, peppers, cheddar cheese and tomatoes. Served with toast and choice of hashbrowns or grits. *710-940 CAL.* 12.79

Meat Lover's Omelet
Bacon, sausage, ham and cheddar cheese. Served with toast and choice of hashbrowns or grits. *980-1210 CAL.* 12.99

BEVERAGES

Freshly Ground Coffee *0 CAL.*
Flavored Coffee of the Day *0 CAL.*
Cold Brew *10 CAL.*
Cold Brew with Cold Foam *50 CAL.*
Hot Herbal Tea *0 CAL.*
Freshly Brewed Iced Tea *0-120 CAL.*
Flavored Iced Tea *0-120 CAL.*

Fruit Juices *110-280 CAL.*
Milk or Chocolate Milk *260/340 CAL.*
Soft Drinks *0-180 CAL.*

**ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS. 2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. GLUTEN FRIENDLY MENU AVAILABLE BY REQUEST. ALL DAY MENU 10.2026-NA*

WANT WHAT YOU WANT ALL DAY

STARTERS

Cheese Fries
Crispy seasoned French fries topped with mixed cheeses, bacon, and fried jalapeños. Served with ranch. *1140 CAL.* 9.29

Onion Rings
Thick cut, panko breaded onion rings. Served with ranch. *560 CAL.* 9.29

Fried Cheese Curds
Wisconsin-style white cheddar cheese curds. Served with ranch. *840 CAL.* 9.99

Poutine
Seasoned fries topped with white cheddar cheese curds and drizzled with brown gravy. *530 CAL.* 9.99

METRO FAVORITES

Fried Chicken Plate
Half a fried chicken, creamy mashed potatoes with a rich brown gravy, steamed green beans, our signature sweet and spicy sauce, and biscuit. *2190 CAL.* 16.99

Chicken Pot Pie
Tender chicken, carrots, celery and corn in our velvety cream sauce and topped with our original homemade biscuit crust. *990 CAL.* 13.49

Shepherd's Pie
Seasoned ground beef and pork, carrots, celery and corn in a brown sauce, topped with creamy mashed potatoes and mixed cheese. *830 CAL.* 13.49

Charleston Shrimp & Grits
Our signature grits infused with cheese, roasted red peppers and andouille sausage. Topped with shrimp, sausage, onions and peppers in a shrimp sauce. Garnished with chopped bacon and green onions. *450 CAL/830 CAL*
SMALL 15.99 *LARGE* 17.99

Metro Rice Bowls
Choice of Teriyaki Steak*, Salmon*, or Tangy Chicken. Served over a bed of seasoned rice and assorted vegetables.

Tangy Chicken *970 CAL.* 11.69
Teriyaki Salmon* *900 CAL.* 16.99
Teriyaki Steak* *790 CAL.* 15.49

Baby Back Ribs
Tender, slow cooked baby back ribs marinated for 24 hours then slathered with our homemade BBQ sauce. Served with seasoned fries and coleslaw.
750 CAL/1100 CAL
1/2 RACK 16.99 *FULL RACK* 20.99

Ribs & Chicken Tenders
Half rack of our baby back ribs slathered with our homemade BBQ sauce, alongside two buttermilk marinated chicken tenders. Served with seasoned fries, coleslaw, and Creole mustard. *1300 CAL* 19.99

Chicken Tender Plate
Buttermilk marinated chicken tenders, seasoned, hand-breaded and fried golden brown. Served with coleslaw, seasoned fries and Creole mustard. *1070 CAL.* 13.49

Roasted Turkey Plate
Seasoned turkey breast roasted in-house with rich brown gravy, cornbread stuffing, creamy mashed potatoes, steamed green beans and cranberry sauce. *940 CAL.* 14.69

Chicken Parmesan
Breaded chicken topped with a pesto marinara sauce and melted provel cheese. Served over penne pasta tossed in marinara. *990 CAL.* 11.99

Fried Chicken & Waffle
Half a fried chicken and a Belgian waffle, topped with powdered sugar and sweet, strawberry butter. Served with our signature sweet and spicy sauce. *2170 CAL.* 16.99

Iron City Meatloaf
Our famous griddle-seared meatloaf with rich brown gravy, creamy mashed potatoes and steamed green beans. *940 CAL.* 14.49

Steak Tips
Seasoned and seared sirloin tips* with mushrooms, in our rich brown gravy with creamy mashed potatoes and steamed green beans. *700 CAL.* 15.99

Teriyaki Salmon Plate
Grilled salmon* with a sweet teriyaki glaze. Served with creamy mashed potatoes and steamed broccoli. *820 CAL.* 16.99

Fish & Chips
Crispy beer battered fried white fish. Served with tartar sauce, coleslaw and seasoned fries. *1020 CAL.* 15.49

Fish Fry Friday! 13.69
Our Fish & Chips platter plus your choice of house salad, Caesar salad, or cup of soup.
Available every Friday, all day!

BURGERS & SANDWICHES

Served with your choice of side

Classic Burger
100% Angus burger*, cheddar cheese, lettuce, tomato, and red onions. *710 CAL.* 12.99

Loaded Burger Bowl
100% Angus burger*, topped with American cheese, lettuce, diced tomato, onions, and pickles. Served over a side of seasoned fries and drizzled with our secret sauce. *950 CAL.* 12.99

BBQ Bacon Burger
100% Angus burger*, hickory smoked bacon, lettuce, tomato, cheddar cheese and BBQ sauce. *730 CAL.* 14.49

Breakfast Burger
100% Angus burger*, cheddar cheese, hashbrowns, lettuce, tomato, bacon, an egg* any style and Hollandaise sauce. *1190 CAL.* 14.99

Metro Club
Ham, turkey, bacon, Swiss, cheddar, lettuce, tomato and mayo on three slices of white toast. *1210 CAL.* 15.49

Philly Cheese Steak
Roasted and seasoned beef topped with grilled onions and peppers, melted provel cheese on a toasted hoagie roll. *1060 CAL.* 14.49

Chicken Salad Croissant
Roasted chicken, chopped pecans, grapes, celery and mayo served on a flaky croissant with lettuce and sliced tomato. *610 CAL.* 11.99

Double Decker BLT
Three slices of toast, loaded with bacon, lettuce, tomato and mayo. *720 CAL.* 12.99

Fried Chicken Sandwich
Buttermilk marinated chicken, bacon, provel cheese, honey mustard, lettuce and tomato. *880 CAL.* 12.69

Grilled 3 Cheese
Cheddar, Swiss and provel on grilled white bread. *560 CAL.* 8.49

Add ham & tomato *230 CAL.* 2.50
Add bacon & tomato *130 CAL.* 2.50
Add sliced tomato *5 CAL.* 1.00

Spicy Honey Chicken Sandwich
Buttermilk marinated chicken dipped in our signature spicy honey sauce, topped with tomato. *530 CAL.* 11.49

Gluten-free bun/bread available for $2 more.

SALADS & SOUP

Chicken Tender Salad
Buttermilk marinated and fried chicken tenders over greens, cucumbers, tomatoes, shredded cabbage, carrots, and red onions with tortilla crunch and choice of dressing. *800 CAL.* 12.49

Caesar Salad
Classic Caesar salad with Parmesan, croutons and creamy Caesar dressing. *380 CAL.* 9.29

Chicken Caesar Salad
Grilled chicken tenders over a classic Caesar salad with Parmesan, croutons and creamy Caesar dressing. *720 CAL.* 12.49

House Salad
Mixed greens, cucumbers, tomatoes, shredded cabbage, carrots, and red onions with tortilla crunch and choice of dressing. *240 CAL.* 9.29

Soup of the Day
Check the Blackboard for our daily offerings. *CUP* 3.99 *BOWL* 5.99

Chicken Noodle Soup
Classic soup with chicken, celery, carrots, and onions. *90/180 CAL.*
CUP 3.99 *BOWL* 5.99

SIDES

Seasoned Fries *290 CAL.* 3.99
Steamed Green Beans *120 CAL.* 3.99
Steamed Broccoli *190 CAL.* 3.99
Mashed Potatoes & Gravy *250 CAL.* 3.99
Seasoned Rice *260 CAL.* 3.99
Coleslaw *210 CAL.* 3.99
Mac & Cheese *300 CAL.* 4.49
Onion Rings *150 CAL.* 4.99

Hashbrowns *240 CAL.* 3.99
Homefries *400 CAL.* 3.99
Honest to Goodness Grits *150 CAL.* 2.99
Cheesiest Grits *300 CAL.* 3.49
Biscuits *600 CAL.* 3.69
Sausage Gravy *480 CAL.* 3.99
Biscuits & Sausage Gravy *1310 CAL.* 6.99
Toast, English Muffin *120-220 CAL.* 2.79

Fresh Seasonal Fruit *110 CAL.* 4.29
Hickory Smoked Bacon *200 CAL.* 3.99
Canadian Bacon *70 CAL.* 3.99
Turkey Sausage *210 CAL.* 3.99
Country Sausage *340-400 CAL.* 3.99
House Salad *120 CAL.* 4.99
Caesar Salad *190 CAL.* 4.99

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