BREAKFAST FAVORITES

STEAK & SCRAMBLE BOWL*

seasoned sirloin steak, scrambled eggs and roasted grape tomatoes served over hashbrown potatoes and drizzled with Hollandaise sauce. 800 CAL. 13.79

THE BISSELL BREAKFAST*

two eggs any style, bacon, toast, choice of grits, homefries or hashbrowns, and a short stack of pancakes. 1130-1360 CAL. 11.99

BISCUITS & SAUSAGE GRAVY*

two buttermilk biscuits topped with our housemade sausage gravy, served with two eggs any style and hashbrowns. 1780 CAL. 11.79

TWO OR THREE EGG BREAKFAST*

eggs any style, hashbrowns, homefries, or grits, toast and choice of meat: bacon, sausage patties, sausage links or turkey sausage. 590-1130 CAL. 10.49/10.99

EGGS, HASHBROWNS, TOAST*

two eggs any style, toast and hashbrowns or grits. 430-650 CAL. 8.49

PROTEIN BREAKFAST*

Scrambled eggs and choice of two meats: bacon, sausage patties, sausage links, or turkey sausage. 560-1030 CAL. 10.99

AVOCADO TOAST

fresh chopped avocado on eight-grain toast, topped with fresh diced tomatoes, and everything bagel seasoning. 480 CAL. 8.99 ...add two scrambled eggs* 160 CAL. 3.00

FRIED CHICKEN & WAFFLE

half a fried chicken and a Belgian waffle, topped with powdered sugar and our strawberry butter, served with our signature sweet and spicy sauce. 2170 CAL. 16.79

WESTERN OMELET*

ham, cheddar cheese, mushrooms, onions, tomatoes and peppers, topped with salsa. Served with toast and choice of hashbrowns, homefries, or grits. 750-980 CAL. 11.99

VEGGIE OMELET*

mushrooms, onions, peppers, cheddar cheese, and tomatoes. Served with toast and choice of hashbrowns, homefries, or grits. 710-940 CAL. 11.99

MEAT LOVER'S OMELET*

bacon, sausage, ham and cheddar cheese. Served with toast and choice of hashbrowns, homefries, or grits. 980-1210 CAL. 11.99

BACON AVOCADO SCRAMBLE BOWL*

Avocado, bacon, scrambled eggs, and roasted grape tomatoes, served over hashbrown potatoes and drizzled with Hollandaise sauce. 830 CAL. 11.99

SOUTHWEST SCRAMBLE BOWL*

Avocado, black beans, corn, diced green and jalapeño peppers, onions, tomatoes, and scrambled eggs, served over hashbrown potatoes and drizzled with salsa, sour cream, and topped with green onions. 820 CAL. 11.99

GRIDDLE GREATS

CINNAMON ROLL PANCAKES

two pancakes swirled with cinnamon and sugar, topped with cream cheese icing, candied pecans, and cinnamon butter. 1740 CAL. 9.99

METRO PANCAKES

a short stack of light, fluffy pancakes. 1020 CAL, 7.79

CROISSANT FRENCH TOAST

four pieces of a light, buttery croissant, battered and grilled to perfection. Topped with powdered sugar. 1040 CAL. 10.49

FRUITY WAFFLE

a Belgian blueberry waffle topped with strawberries, bananas and powdered sugar. 850 CAL. 9.39

BELGIAN WAFFLE

thick and light, a true Belgian waffle.
Topped with powdered sugar. 720 CAL. 7.99
...make it cinnamon roll style 550 CAL. 2.99

ORDER NOW





CHARLOTTE (SOUTH END), NC

LUNCH FAVORITES

CHICKEN POT PIE

tender chicken, carrots, celery and corn in our velvety cream sauce and topped with our original homemade biscuit crust. 990 CAL. 12.39

CHARLESTON SHRIMP & GRITS

traditional grits infused with cheese, roasted red peppers, andouille sausage, and onions. Topped with shrimp, onions, green peppers in a shrimp sauce. Garnished with chopped bacon and green onions. 700 CAL. / 1370 CAL. SMALL 15.49 LARGE 17.49

CHICKEN TENDER PLATE

buttermilk marinated chicken tenders, seasoned, hand-breaded and fried golden brown. Served with seasoned fries and Creole mustard. 1070 CAL. 12.29

FRIED CHICKEN PLATE

half a fried chicken with our signature sweet and spicy sauce. Served with seasoned fries, creamy macaroni & cheese, and homemade biscuit. 2190 CAL 16.99

BURGERS, SANDWICHES, & SALADS

All burgers and sandwiches come with choice of seasoned fries, creamy mac & cheese, or seasonal fruit unless otherwise specified

CLASSIC BURGER*

100% Angus burger, cheddar cheese, lettuce, tomato, and red onions. 710 CAL. 11.99

BREAKFAST BURGER*

100% Angus burger, cheddar cheese, hashbrowns, lettuce, tomato, bacon, an egg any style and Hollandaise sauce. 1190 CAL. 13.99

BBQ BACON BURGER*

100% Angus burger, hickory smoked bacon, lettuce, tomato, cheddar cheese and BBQ sauce. 730 CAL 13.99

GRILLED 3 CHEESE

cheddar, Swiss and provel on grilled white bread. 560 CAL. 7.99

...add ham & tomato 230 CAL. 2.50

...add bacon & tomato 130 CAL. 2.50

PHILLY CHEESE STEAK

roasted and seasoned beef topped with grilled onions and peppers, melted provel cheese on a toasted hoagie roll. 1060 CAL. 12.99

FRIED CHICKEN SANDWICH

buttermilk marinated chicken, bacon, provel cheese, honey mustard, lettuce and tomato. 880 CAL. 11.49

HOUSE SALAD

Mixed greens, cucumbers, tomatoes, shredded carrots, radishes, red onions and tortilla crunch. 240 CAL. 8.99 ...add grilled chicken 150 CAL. 3.00 ...add grilled shrimp 120 CAL. 5.00

AVOCADO BREAKFAST SANDWICH*

scrambled eggs, cheddar cheese, bacon and avocado with lettuce, tomato and mayo on eight-grain toast. Served with homefries, hashbrowns, grits, cheese grits, or fruit. 1130 CAL. 10.99

SPICY HONEY CHICKEN BISCUIT

buttermilk marinated chicken tender tossed in a spicy honey sauce on a biscuit. Served with homefries, hashbrowns, grits, cheese grits, or fruit. 480 CAL. 7.49

BACON, EGG & CHEESE CROISSANT*

bacon, scrambled eggs and cheddar cheese on a flaky croissant. Served with homefries, hashbrowns, grits, cheese grits, or fruit. 710 CAL. 8.99

METRO CLUB

ham, turkey, bacon, Swiss, cheddar, lettuce, tomato and mayo on three slices of toast. 1210 CAL. 13.99

DOUBLE DECKER BLT

three slices of toast, loaded with bacon, lettuce, tomato and mayo. 720 CAL. 11.99

SPICY HONEY CHICKEN SANDWICH

buttermilk marinated chicken dipped in our signature spicy honey sauce, topped with tomato. 530 CAL. 10.99

CAESAR SALAD

Classic Caesar salad with croutons and creamy Caesar dressing. 380 CAL. 8.99 ...add grilled chicken 150 CAL. 3.00 ...add grilled shrimp 120 CAL. 5.00



Please visit our website for a complete list of sides or to place your order.